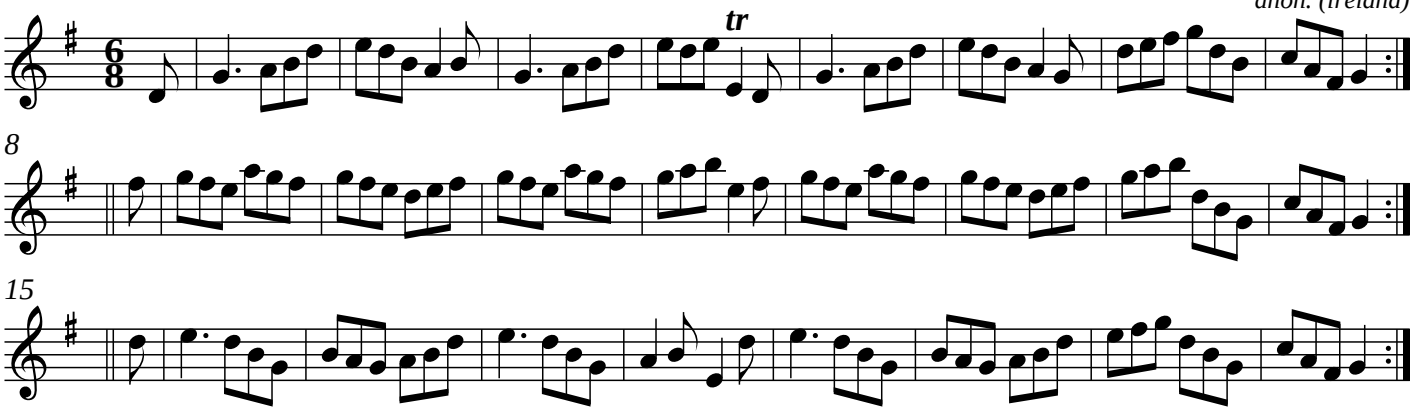
Take it easy

anon. (ireland)